

# Mater Innovation Academy School Individual Lunch Program

presented by Greater Miami Caterers, Inc.

## September 2025

For Grdades 9-12

This menu is Dietician Approved to  
meet NSLP & CCFP.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	1 <b>SCHOOL CLOSED</b> "Labor Day-Holiday"	2 CHEESEBURGER ON A BUN DICED HERBED POTATOES LETTUCE SALAD & TOMATO SLICES FRESH PEAR WHOLE WHEAT HAMBURGER BUN APPLE JUICE KETCHUP & MUSTARD	3 SPAGHETTI & SAUCE W/ TURKEY MEATBALLS CALIFORNIA BLEND VEGETABLES DICED PEACHES WHOLE WHEAT DINNER ROLL ORANGE JUICE	4 WHOLE GRAIN CHICKEN NUGGETS STEWED BLACK BEANS KERNEL CORN APPLESAUCE WHOLE WHEAT DINNER ROLL BLENDED JUICE KETCHUP	5 <b>WWW CHEESE PIZZA</b> ROMAINE SALAD W/ SALAD DRESSING RAW WHOLE BABY CARROT W/ DIP MANDARIN ORANGES APPLE JUICE
4	8 TERIYAKI CHICKEN BOWL WHOLE GRAIN FRIED BROWN RICE W/ PEAS & CARROTS BAKED FRIED PLANTAINS PINEAPPLE TIDBITS GRAPE JUICE	9 PULLED BBQ CHICKEN SLIDERS MASHED POTATOES MARINATED CHICK PEA SALAD DICED PEARS WW SLIDER ROLLS (DOUBLE PORT) APPLE JUICE	10 TURKEY & CHEESE WHOLE GRAIN MIDNITE SUB TOSSED LETTUCE SALAD W/ SLICED TOMATOES & SALAD DRESSING MARINATED CUCUMBER SALAD FRESH APPLE, ORANGE JUICE MAYONNAISE & MUSTARD	11 ORANGE POPCORN CHICKEN WHITE RICE SLICED CARROTS KERNEL CORN MANDARIN ORANGES BLENDED JUICE	12 <b>WWW CHEESE PIZZA</b> RAW CARROT STICKS W/ DIP CAESAR SALAD W/ CAESAR DRESSING FRESH BANANA APPLE JUICE
1	15 WHOLE GRAIN CHICKEN NUGGETS KERNEL CORN RAW CARROTS STICKS W/ DIP DICED PEACHES DINNER ROLL APPLE JUICE KETCHUP	16 MEATBALL MARINARA SUB BROCCOLI W/ CHEESE SAUCE FRUIT MIX GRAPE JUICE WHOLE WHEAT SUBMARINE ROLL	17 CHICKEN FETTUCCINI ALFREDO STEWED BLACK BEANS SLICED CARROTS FRESH MELON CUBES(Double Port.) WHOLE WHEAT DINNER ROLL	18 CHEESEBURGER ON A BUN CHEESY POTATOES GREEN BEANS MANDARIN ORANGES WHOLE WHEAT HAMBURGER BUN APPLE JUICE KETCHUP & MUSTARD	19 <b>WWW CHEESE PIZZA</b> FRESH SPINACH SALAD W/ SHREDDED CARROTS, SLICED CUCUMBERS & SALAD DRESSING APPLESAUCE BLENDED JUICE
2	22 BEEF BROCCOLI IN SAUCE CHOW MEIN NOODLES SLICED CARROTS DICED PEARS WHOLE WHEAT DINNER ROLL ORANGE JUICE	23 <b>SCHOOL CLOSED</b> "Teacher Planning Day"	24 WHOLE GRAIN MACARONI & CHEESE TOSSED LETTUCE SALAD W/ SLICED TOMATOES & SALAD DRESSING FRUIT MIX DINNER ROLL BLENDED JUICE	25 Mini Chicken Whole Grain Corn Dogs BAKED FRIED PLANTAINS STEWED RED BEANS PINEAPPLE TIDBITS APPLE JUICE KETCHUP	26 <b>WWW CHEESE PIZZA</b> ROMAINE SALAD W/ CUCUMBER & SALAD DRESSING FRESH APPLE ORANGE JUICE
3	29 ARROZ(BROWN) CON POLLO CASSEROLE TOMATO SLICES BAKED FRIED PLANTAINS FRUIT MIX DINNER ROLL GRAPE JUICE	30 CHEESEBURGER ON A BUN DICED HERBED POTATOES LETTUCE SALAD & TOMATO SLICES FRESH PEAR WHOLE WHEAT HAMBURGER BUN APPLE JUICE KETCHUP & MUSTARD			
ALL MEALS ARE SERVED WITH 1% OR 0% LOW FAT MILK (YOUR CHOICE)					

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